

Bath Pills

Herbal Home Remedies
Drop the pills in your bath
for hebal relief of your
ailments:

Camomile:

Nerves migraine acne
inflammation insomnia

Jasmine

Lethargy anxiety depression
nervous tension

Lavender

Inflammation wounds
eczema
dermatitis fainting acne
asthma

Lemongrass

Infections headaches fevers
antiseptic

Myrrh

Candida infections
diarrhoea dermatitis

Patchouli

Inflammation anti fugal
acne
eczema diuretic

Spearmint

Inflammation nausea
indigestion fever migraine

Rosemary

gout fatigue skin infections
obesity

Calendula

Inflammation healing tissue
infections

Hibiscus

Eczema skin conditions
skin moisture skin elasticity